

Sawubona

You are a God who sees me

2-6 January 2023

Hermannsburg

KZN

eQuip

"Sawubona" means "We see you".
I am part of "we", myself, my family, my
friends and my neighbours.

"Seeing" in this greeting does not just
mean "to take note of someone".
Sawubona implies appreciation.
I acknowledge and appreciate your
existence, value, dignity and your belonging
to the family of humankind.
I say yes to you.

The Tswana "Dumela" says something very
similar:
"I greet you", "I agree to your existence",
"I believe it is good that you are".

This is what Hagar realised when she
thought that she was forsaken:
God did see her!

Hagar's words are the watchword of the
year 2023.
At eEquip 2023 we will hear how God greets
us, says yes to us and appreciates us. God's
"Sawubona" is of great comfort and value
to us.

eEquip 2023 invites us to start the year,
knowing that we are seen by God.
Hagar received the strength to face her
challenging reality back home.

May it give us the strength to face the way
ahead!

eQuip brings together young and old. This results in a rich time of sharing and learning. It is good to see so many sparkling eyes at the end!

Day Topics: "Sawubona"

Day 1: Arrival for supper

Day 2: The great relief - God sees me!

Day 3: A scary thought: I cannot escape
God's eyes!

Day 4: Courage to face my challenges,
because God sees me!

Day 5: Departure after breakfast

Presenters

Bishop em. Horst Müller,
Pastors Gertrud & Detlev Tönsing
Children's Programme: Magriet Frey

Welcome the Children at eQuip 2023

You will have fun and laughter together, enjoying the time with others. In the morning you have your own children friendly programme. In the afternoons you all have family-fun time together.

We want you to discover: - God sees when life is hard (even if sometimes, its my own fault)

He cares, He is my helper.

Bring lots of band-aids
and coloured kokis,
we will use all of it.



Dates

2 January 2022 (arrival by 17h00) till 6 January 2022
(depart early morning or after breakfast).

Costs

The retreat is funding itself. We strive to keep costs at a minimum without starving the participants! The cost, including registration fee and all meals, is:

Payment before 5 December:

R 2030 per adult, R 1300 per child between 5-18.
Children under 5: Donation

Payment after 5 December

R 2350 per adult, R 1600 per child between 5-18.
Children under 5: Donation

*All amounts include a R 200.00 non-refundable registration fee.
If we have to cancel the in-person retreat, the fee will
be refunded in full.*

**Please note: Participants have to arrange their own
transport at their own cost.**

A list of all participants will be made available after
closure of registration, so that you can share
transport.

*Should you wish to attend and are not be able to afford the costs,
you can apply for a rebate to bishop@nelcsa.net, subject: eQuip
Rebate. Should you wish to sponsor someone else, please also
indicate it to the organizers.*

Registration

Please register as soon as possible at
equip@nelcsa.net, but at the latest by 15 December,
to facilitate planning.

Bring along: Bible, **towels, bedding, (bed with mattress
only is provided)** writing utensils, clothing for the
weather spectrum, gear for outdoor activities.

Venue

Hermannsburg, KZN. The climate during that period can range from warm (above 30° C) to cool and misty (12° C) - a range of clothing is necessary to cater for this spread. There is ample playground for children as well as a half-Olympic size swimming pool, tennis courts and beautiful hiking or mountain biking opportunities.

The aim of the retreat is:

- Bible Study - getting to know the Bible and its background better. How does the Bible speak to this topic?
- General Knowledge - getting current information on the topic.
- Sharing with fellow Christians in small groups - hearing from others how they view issues, and sharing your own opinions, insights and concerns.
- Fellowship - an opportunity to get to know people from all walks of life, enjoy each others' company, afternoon outdoor activities, and evenings of fellowship, from laughter to meditation.
- Worship - time for singing, praying, silence.
- Time to relax - the programme allows time for relaxation, meditation and recreation.

Who is invited?

eQuip is planned by NELCSA. You are welcome to invite and bring along friends or colleagues who are not members of our Church.

The mix of people of all ages and backgrounds is a wonderful encounter - therefore EVERYBODY is invited!

It is a good opportunity for families with teenagers or young adult children to experience the retreat together. And, of course, granny and grandpa can also join in!

An alternative programme for children up to grade 7 can be provided during sessions.

Registration Form

Name

Age Gender M/F

Telephone

Contact address (email)

.....

Special dietary requirements

I am prepared to share my room with

.....

(You can enter a name, “anyone” or “no one”)

An amount of R _____ including the non-refundable registration fee of R 200.00 * has been paid into the account of NELCSA.

**If we have to cancel the in-person retreat, the fee will be refunded in full.*

Name of account: NELCSA

Bank : Standard Bank Current Account

Acc No: 272936936 Branch : 051001

with the reference (**eQuip+your Name**)

With this registration I exempt the organisers, or any represented member, any member employed, and also the owner of the property or any other responsible person involved with eQuip with regards to any claims, actions, or costs claimed from them in the case of any injuries, loss, damage, expenses or medical costs incurred by the participant as a result of this retreat.

Signature